



Recovery can start now...  
contact us



# ONWARD RECOVERY

AN ACTIVE APPROACH TO RECOVERY



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## Who We Serve:

- ★ Anyone 18 and older affected by substance use

## Purpose and Goals:

- ★ Provide intensive peer support
- ★ Assist in providing alternatives to hospitalization or incarceration
- ★ Assistance accessing treatment; inpatient /outpatient and medication assistant treatment
- ★ Promote gainful employment
- ★ Encourage people to take charge of their recovery
- ★ Provide group activities and outreach
- ★ Maximize existing resources
- ★ Infuse & promote social inclusion
- ★ Provide volunteer opportunities

## Recovery Community & Outreach Centers

### Contact:

Mobile: 914-359-9648 (call or text)

Office: 845-565-1162 ext. 453

Fax: 845-565-0567

Westchester & Putnam: 914-359-9648

### Hours:

M/W/F 9am - 5pm

T/Th 9am - 7pm

Sat 9am -5pm

For more information contact Onward Recovery Intake Coordinator at either of the phone numbers listed above, email [onwardreception@myindependentliving.org](mailto:onwardreception@myindependentliving.org) or send us a private message on Facebook

A program of



Funded by



Office of Addiction Services and Supports

## Hudson Valley Recovery Community & Outreach Center

### Counties Served

Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster and Westchester

## What is Onward?

- ★ A Recovery Community and Outreach Center that is safe, welcoming and alcohol /drug-free for any member of the community
- ★ We serve 7 Counties: Dutchess, Orange, Rockland, Sullivan, Putnam, Westchester and Ulster
- ★ We meet you where you're at—physically and emotionally
- ★ Recovery coaches & volunteers provide the same lived experiences of trauma, substance use, and recovery
- ★ We provide mentorship and take an active approach to recovery
- ★ Free Narcan training and kits
- ★ Various weekly group activities provided
- ★ All services are offered at no cost to you regardless of income



## How We Help...

### Intensive Peer Support

- ★ Using our own stories to assist you in moving forward in your recovery
- ★ One to one guidance, support, and encouragement

### Recovery Support

- ★ Life skills coaching
- ★ Wellness mentoring
- ★ Turning crisis into opportunities

### Vocational Support

- ★ Accessing work incentives
- ★ Benefits and entitlements counseling
- ★ Identifying employment options

### Sober Social Activities

- ★ Cultural and recreational events
- ★ Social and community gatherings
- ★ Volunteer opportunities

### Community Connections

- ★ Identifying and accessing community resources
- ★ Moving from services to natural supports in your community
- ★ Recovery community network building

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