

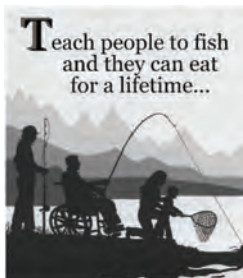


*Nothing About Us Without Us. CIP participants travel to Albany each year to meet with legislators and advocate for disability rights.*

Fundamental to the Community Independence Program is the belief that individuals with developmental disabilities can and should be given the opportunity to determine the content and character of the service they receive; identify the goals to which they aspire, and choose the individuals who would provide them with assistance in identifying and attaining their goals.

*"All of us do not have equal talent, but all of us should have an equal opportunity to develop our talent."*

—John F. Kennedy



## Our Mission

Independent Living, Inc. is a consumer-directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for individuals with disabilities.

## Our Vision

A barrier-free society with opportunities for all people to achieve their maximum potential.



## 3 LOCATIONS

### Newburgh

5 Washington Terrace, Newburgh, NY 12550  
Phone: 845-565-1162 Fax: 845-565-0567  
Videophone: 845-764-8384

### Monticello

14 Pelton Street, Monticello, NY 12701  
Phone: 845-794-3322 Fax: 845-794-3323

### Middletown

30 Industrial Drive, Middletown, NY 10940  
Phone: 845-342-1162 Fax: 845-342-1192

REVISED 6/2023

# COMMUNITY INDEPENDENCE PROGRAM





## Program Eligibility

To be eligible for the CIP program, participants must:

- ★ Have eligibility through the NYS Office for People with Developmental Disabilities (OPWDD).
- ★ Be enrolled in or eligible for Medicaid.
- ★ Live within 20 miles of our Center in Newburgh, NY.



## CIP Activities



## Program Features

- ★ Each participant chooses his/her community outings daily.
- ★ Individuals decide if they want to come 1 - 5 days per week.
- ★ Door-to-door transportation is provided.

Independent Living, Inc. offers adults with developmental disabilities a consumer-driven program that focuses on empowering individuals to take the necessary steps in order to realize their fullest capabilities, and to live with the greatest possible independence.

### Recreational Offerings

- ★ Bowling
- ★ Swimming
- ★ Working out at the gym
- ★ Shopping
- ★ Book club
- ★ Cooking
- ★ Gardening
- ★ Library
- ★ Nutrition club
- ★ Eating out
- ★ Bird watching
- ★ Nature hikes
- ★ Computer skills
- ★ Arts and crafts
- ★ Seasonal parties/special events
- ★ And more!

### Volunteer Opportunities

- ★ Meals on Wheels
- ★ Local nursing home
- ★ Food pantry
- ★ Friendly visitor
- ★ Goodwill
- ★ And more!

