

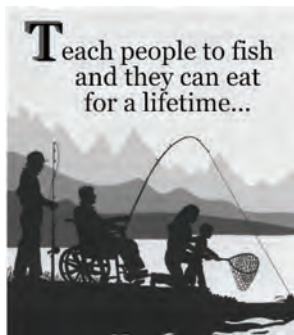


Promoting Choice, Self Determination and Total Participation

Our services promote self-help, equal access, peer role modeling, personal growth and empowerment, and include:

- ★ Peer counseling
- ★ Information and assistance in obtaining or coordinating delivery of services from other sources
- ★ Assistance regarding housing, home care, transportation, assistive technology, employment, early childhood direction, and other services
- ★ Individual and systems advocacy
- ★ Independent living skills, counseling and training

myindependentliving.org



Our Mission

A consumer-directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for individuals with disabilities.

Our Vision

A barrier-free society with opportunities for all people to achieve their maximum potential.



3 LOCATIONS

Newburgh

5 Washington Terrace, Newburgh, NY 12550
Phone: 845-565-1162 Fax: 845-565-0567
Videophone: 845-764-8384

Monticello

14 Pelton Street, Monticello, NY 12701
Phone: 845-794-3322 Fax: 845-794-3323

Middletown

30 Industrial Drive, Middletown, NY 10940
Phone: 845-342-1162 Fax: 845-342-1192

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myindependentliving.org



Providing outreach and support
to people with disabilities in
Sullivan County



Monticello

14 Pelton Street
Monticello, NY 12701
Phone: 845-794-3322
Fax: 845-794-3323

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Monticello, NY

Our Center offers an array of services that assist individuals with disabilities to live integrated and self-directed lives. Our philosophy is that the individual being served by a process should be the primary stakeholder in that process. Independent living means controlling and directing your own life and being self-sufficient as possible. It means taking risks and being allowed to succeed and fail on your own terms. It means participating in community life



and pursuing activities of your own choosing. Our Independent Living Skills Specialists are here to help you learn what choices are available and to advocate for the removal of barriers to full participation in the local community and beyond.

Who Do We Serve?

- ★ People with all disabilities: physical, psychiatric, cognitive or sensory
- ★ People with disabilities of all ages
- ★ Parents, spouses, siblings, and significant others of people with disabilities
- ★ People with disabilities living in their own homes, supported living arrangements, institutional settings, and elsewhere
- ★ School personnel



- ★ Business and industry
- ★ Local government agencies
- ★ Human Service organizations
- ★ Volunteer sector organizations
- ★ Hospitals, health organizations, and the medical community
- ★ Civic organizations

