



The Support Broker

A Support Broker will work collaboratively with each participant to assist in managing the self-directed budget.

Responsibilities of the Support Broker

- Orients the participant to the program.
- Teaches participants how to research and identify services and goods to reach recovery goals.
- Assists with development of the Service Plan.
- Develops a budget for the goods and services needed to reach the identified goals.
- Routinely meets to develop and review the Recovery Oriented Action Plan.
- Ensures the participant understands the responsibilities involved with directing their services.
- Ensures the participant follows the Purchasing Policy and uses funds appropriately.
- Offers support, information, education and skill building.
- Addresses the needs of participants with limited English proficiency.

Our Mission

Independent Living, Inc. is a consumer-directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for persons with disabilities.

Our Vision

Our vision is a barrier-free society with opportunities for all people to achieve their maximum potential.



A program of Independent Living, Inc. funded by:



YOUR LIFE • YOUR CHOICE

Self-Directed Care

**Take control of your life.
Choose the services best for YOU!!!**



3 LOCATIONS

Newburgh

5 Washington Terrace, Newburgh, NY 12550
Phone: 845-565-1162 Fax: 845-565-0567
Videophone: 845-764-8384

Monticello

14 Pelton Street, Monticello, NY 12701
Phone: 845-794-3322 Fax: 845-794-3323

Middletown

30 Industrial Drive, Middletown, NY 10940
Phone: 845-342-1162 Fax: 845-342-1192

Are you...

- ★ Ready for Recovery?
- ★ Enrolled in a Health and Recovery Plan (HARP) or an HIV Special Needs Plan (SNP)?
- ★ Able to make your own decisions and want more flexible supports and services?
- ★ If you are 21 years or older, **Self-Directed Care** may be right for you.

What Is Self-Directed Care?

Self-Directed Care (SDC) is a person-centered planning process that allows an individual to exercise greater control over the funding used for their care. Designed to provide service recipients with a greater measure of independence and flexibility, SDC allows more choices, greater control, and enhanced personal responsibility for care and support services.

How Does Self-Direction Work?

- Participants are screened and, if approved, allocated a certain amount of funding.
- Funding is provided to support development and attainment of goals related to health, wellness and positive recovery outcomes.
- Support Broker will work in collaboration with each participant to assist with completing a Recovery Oriented Action Plan and a budget.

Who Is Eligible For Self-Directed Care?

In order to be eligible for this program, participants must meet all three of the following eligibility criteria:

- Individuals must be able to make decisions about the services on their own or with help,
- Individuals must be enrolled in a Health and Recovery Plan (HARP) or an HIV Special Needs Plan (SNP), and
- Individuals must be eligible to receive Behavioral Health Home and Community Based Services (HCBS).

Benefits of Self-Directed Care

- Enjoy meaningful relationships with family and friends,
- Experience better health and personal growth,
- Live in the home and community of your choice, and
- Work, volunteer or do activities you enjoy.

Criteria for Purchasing Goods or Services

- Must relate to a need or goal in the State approved care plan,
- Are used for the purposes of increasing independence,
- Promote opportunities for community living and inclusion,
- Must be delivered without compromising health and safety,
- Are provided directly to and for the benefits of the participant exclusively.

The outcomes are chosen by the individual with help from the Support Broker using the Eight Dimensions of Wellness: **Social, Emotional, Spiritual, Intellectual, Financial, Occupational, Physical and Environmental.**

Purchases

NYS OMH reserves the right to not approve any requested purchase. Participants are only allowed to purchase what has been authorized and approved. Allowable purchases include:

- Clothing (job interview & fitness related)
- Self care (yoga, massage, crafts)
- Mental health (peer support, counseling)
- Physical health (gym memberships, weight loss)
- Wellness (smoking cessation, pain management treatments)
- Transportation (bus pass, taxis, bicycle, DMV license fees)
- Education & employment (cell phone, skills building classes, computer, study fees)

Misuse of funds can lead to discharge from the program.

