



**INDEPENDENT
LIVING INC**

YOUR LIFE • YOUR CHOICE



Serving people
with disabilities in the
Mid-Hudson Region
since 1987



Services Summary

Our Mission

A consumer-directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for individuals with disabilities.

Our Vision

A barrier-free society with opportunities for all people to achieve their maximum potential.



myindependentliving.org | myindependenthomecare.org

Our Services



► ADA Consultation/Environmental Modification Services

Directed to individuals, local municipalities, commercial property owners, employers, businesses, schools and provider agencies, these services play a vitally important role in ensuring compliance with the provisions of the Americans with Disabilities Act.

► Benefits Advisement

Offering consultative and supportive services aimed at increasing independence for recipients of Social Security Disability Insurance (SSDI) and/or Supplemental Security Income (SSI) benefits throughout the Hudson Valley by providing information and education on available work incentives.



► Consumer Directed Personal Assistance Program

For persons with disabilities, including seniors, Consumer Directed Home Care offers an alternative to traditional attendant care at home, giving individuals the opportunity to hire and manage their own personal attendants. Available for qualified individuals in New York State. www.MyIndependentHomeCare.org



► Deaf and Hard-of-Hearing Services

Providing a bridge between the Deaf and Hearing cultures in Orange, Ulster, Sullivan and Dutchess Counties, this program is actively engaged in community outreach and education, employment, advocacy, service coordination, counseling and technical support.

► Employment Services

Contracted to conduct work-readiness assessments and job placement services for NY State Department of Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR), Commission for the Blind (CB), and Office for People With Developmental Disabilities (OPWDD). Supported employment services and ongoing employment supports are provided. Vocational services are available for all tenants at the Cornerstone Residence in Newburgh.

► Family and Student Services

An array of services are available for individuals with developmental disabilities and their families, including education advocacy and transition supports for students between the ages of 6 and 21, an after-school learning enrichment program, a Community Independence Program that offers independent living skills training, and a Saturday activity/respite program.

► Home Modification Consultation Services

Designed to help people with disabilities to remain at home, or return home, and live with dignity in the community setting of their choosing.

► Independent Living Skills

Person Centered Planning (PCP) is an approach designed to assist individuals to plan their life and supports. Based on the philosophy that the individual being served by a process should be the primary shareholder in that process, services promote self-help, equal access, peer role modeling, personal growth and empowerment so that, consistent with the Olmstead Ruling of the US Supreme Court, people with disabilities may live in the least restrictive setting of their choice.

► Self-Directed Care

Self-Directed Care (SDC) is a person-centered planning process that allows an individual to exercise greater control over the funding used for their care. Designed to provide service recipients with a greater measure of independence and flexibility, SDC allows more choices, greater control, and enhanced personal responsibility for care and support services. In order to be eligible for this program, participants must be enrolled in a Health and Recovery Plan (HARP) or an HIV Special Needs Plan (SNP).



Mental Health Services

Aimed at helping people with psychiatric disabilities, including those at continuing risk of homelessness, to overcome stigma, connect with needed supports, build constructive relationships with peers, advocate on their own behalf, define and pursue their personal journeys to wellness, and make the transition from system dependence to independence.

► Case Management

Offering a holistic, person-centered approach to facilitating connections with provider agencies and community amenities, and aimed at ensuring long-term residential stability, personal recovery, health and general well-being.

► Forensic Connections Program and Forensic Peer Support

In collaboration with the Orange County Department of Mental Health and the Port Jervis City Community, this program assists individuals ages 16 and up with mental illness or co-occurring disorders who are involved in the criminal justice system.

Peer support for individuals in the criminal justice system embedded into the community, police stations and in partnership with Problem Solving Courts (Drug Treatment Court, Wellness and Recovery Court, Veteran Track).

► Transition and Diversion Services

Serving persons with psychiatric and co-occurring addictive disabilities with the goal of aiding in the prevention of hospitalization and homelessness, this program provides wrap-around support, including core Independent Living services. Our Bridgers are on-site and on-call at local hospitals to assist individuals being discharged from the mental health units to connect with necessary supports for their continuing journey of recovery. Our Diversion Specialists proactively engage individuals who have been evaluated but not hospitalized, providing intensive peer intervention during periods of crisis.

► Orange County Crisis Call Center

In collaboration with the Orange County Department of Mental Health, Access Supports for Living, and the Mental Health Association, the Orange County Crisis Call Center assists individuals with a Mental Health and /or co-occurring disorder who are in crisis. Independent Living, Inc. partners with the Crisis Call Center to provide Peer Support to individuals in the community who are experiencing a crisis or need assistance navigating a difficult time. The individual and the Peer work together to identify and explore the crisis or current need, and then develop an overall plan for wellness and continued services and support.

► Peer Parent

A Peer Parent Specialist Provides peer-to-peer services for parents of children who experience mental health related issues. Assist Families, Provides Counseling and support for the individual and his/her family during crisis to avert actions and decisions that might otherwise result in being displaced or dropping out of school.

► State Opioid Response (SOR)

A program for individuals 18 and over who live with substance use disorder. We provide intense peer support support, social activities, recovery support, vocational support, community connections and harm reduction.

► Recovery Center Services—Reach One and Onward Recovery



Reach One and Onward Recovery programs are a part of Independent Living's Recovery Center. These two programs offer co-occurring peer support for individuals impacted by mental health and/or substance use. Credentialed peers focus on individualized wellness plans, recovery groups, social activities, harm reduction training and supplies, community connections and vocational and educational support.



**Independent Living, Inc.'s Recovery Center is located at 263 Route 17K, Suite 212 in Newburgh
Call our Recovery Center at (845) 725-1230 or Call / Text (914) 359-9648**



► Supported and Supportive Housing

Case management services and rental subsidies for permanent housing for qualified individuals with disabilities in Orange County, funded by NYS Office of Mental Health and Office for People with Developmental Disabilities (OPWDD). Services include, but are not limited to, independent living skills training, wellness coaching, peer mentoring, assistance with employment, and connections with social and community resources.

► Systems Advocacy

Member of the Statewide Systems Advocacy Network (SSAN), a group of eighteen independent living centers throughout New York State which collaborates with other disability organizations to ensure that legislation affecting people with disabilities is introduced, passed by the Legislature, and signed into law by the Governor.



**INDEPENDENT
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**INDEPENDENT
HOME CARE INC**
YOUR CARE • YOUR WAY

Three Convenient Locations

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Call our Recovery Center at (845) 725-1230 or Call / Text (914) 359-9648



Newburgh

5 Washington Terrace
Newburgh, NY 12550
845-565-1162



Middletown

30 Industrial Drive
Middletown, NY 10940
845-342-1162



Monticello

14 Pelton Street
Monticello, NY 12701
845-794-3322

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