A consumer-directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for individuals with disabilities.

Our Mission
A consumer-directed, cross-disability advocacy and service organization, dedicated to enhancing the quality of life for individuals with disabilities.

Our Vision
A barrier-free society with opportunities for all people to achieve their maximum potential.

Services Summary
Serving people with disabilities since 1987

Independent Living Skills (ILSS)
Provides personalized assistance and guidance to individuals with disabilities, facilitating access to essential support services and resources to enhance their independence and quality of life.

Self Directed Care
A person-centered planning process that allows individuals to exercise greater control over the funding used for their care. Provides choices, flexibility and greater independence.

Supportive Employment Program (SEMP)
Assisting individuals in obtaining and maintaining competitive employment in the community. An OPWDD Program

Pathways to Employment (PTE)
Assisting individuals interested in employment who have no work experience, or out of work exploring employment through job shadowing, internships, etc. An OPWDD Program

Employment Services

Three Convenient Locations
Independent Living, Inc.’s Recovery Center is located at 263 Route 17K, Suite 212 in Newburgh
Call our Recovery Center at (845) 725-1230 or Call / Text (914) 359-9648

Monticello
14 Pelton Street
Monticello, NY 12701
845-794-3322

Middletown
30 Industrial Drive
Middletown, NY 10940
845-342-1162

Newburgh
5 Washington Terrace
Newburgh, NY 12550
845-565-1162

MyIndependentLiving.org | MyIndependentHomeCare.org
Our Services

► Americans with Disability Act (ADA) Consultation
Provides technical assistance and support to individuals and businesses to ensure ADA accessibility in the community.

► Statewide Systems Advocacy Network (SSAN)
A group of Independent Living Centers throughout NYS collaborate with other disability organizations to ensure that legislation impacting people with disabilities is introduced, passed, and signed into law.

► IHC: Consumer Directed Personal Assistance (CDPA)
An alternative to traditional at-home care for persons with disabilities and older adults, enabling them to hire and manage their own personal aides.

► Deaf and Hard of Hearing Services
Advocating for the rights and needs of Deaf / Hard of Hearing individuals, providing support services, and facilitating access to resources and opportunities.

► NY Connects No Wrong Door
In collaboration with the Office of Aging, this program helps aging individuals with disabilities remain in their community by identifying necessary supports and services.

► Education Advocacy
An Education Advocate provides information, referrals, and assistance to families and professionals to support the educational rights of students with disabilities.

► Enhanced Welcome Orange Geriatric Initiative (EWOGI)
Working with individuals to identify items or necessary modifications for their home to allow them to age in place safely within their community.

► OPWDD Housing Subsidy and Supports
Individuals pay 30% of their countable income toward rent and receive a subsidy for the rest of their rent. This program manages their budgets and provides technical assistance and support. An OPWDD Program

► Learning Enrichment Afterschool Program (LEAP)
An after school recreation program for students including social skill and homework help. Operates during regular school days with parent pick-up by 6pm. An OPWDD Program.

Benefit Services

► Benefits Advisement
A person-centered program to help an individual understand and maximize their benefits and work incentives.

► Facilitated Enrollment
An outreach and assistance program for individuals who may be under or uninsured help with enrolling in benefits such as Medicaid and Medicare.

► ACCES-VR Orientations
Provides the orientation to individuals who are applying for ACCES-VR services, a vocational rehabilitation program.

► Supportive Housing
In partnership with Safe Harbors of the Hudson, we provide housing subsidy and case management services.

► Peer Support Services (Certified Specialists)
Peers are individuals who connect through the lens of their own personal experiences, serving as allies and guides in the journey toward independence, recovery, and wellness.

► INSET- Intensive and Sustained Engagement and Treatment
Designed for individuals who are close to being required to have court-ordered treatment and could benefit from intensive Peer Support.

► Forensic Court Connections
Aims to prevent further involvement in the criminal justice system by offering court-based diversion to treatment, reducing recidivism, facilitating recovery, and providing support and education.

► Diversion~ 988/311
Connects individuals experiencing crisis, referred by the 988/311 Call Center or the Mobile Response Team, to 1:1 and person-centered supports and services.

► Hospital Bridger
Provides individuals, while still under hospital care, essential supports to return to the community, helping to reduce future readmissions.

► Peer Parent
Provides peer services for parents of children who experience mental health related issues. Counseling and support is available during crisis, helping prevent displacement from school.

► Transition Support and Peer Advocacy
Assists individuals in accessing supports, services, benefits, etc. to be as independent as possible. The Youth Peer Advocate specializes in services for Young Adults, including those aging out of foster care or school.

► State Opioid Response (SOR)
A program for adults who live with substance use disorder, providing intensive peer support, social activities, recovery support, vocational support, community connections and harm reduction.

► Peer Support Services (Certified Specialists)

► ILI Recovery Center (Co-Occurring Mental Health / Substance Use Peer Support)
Reach One offers adults impacted by mental health personalized peer support, recovery coaching, and additional vocational, educational, and social resources.

► Onward Recovery
Offers individualized wellness plans, recovery groups, social activities, harm reduction training and supplies, community connections and vocational and educational support.

► Community Independence Program (CIP)
A person-centered, skill-building Day Habilitation program provided in a group setting. Participants decide their community engagement / recreational activities. Transportation provided. An OPWDD Program.